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Challenging Depression: The Go-To Guide for Clinicians and Patients (Go-To Guides for Mental Health) (English Edition) eBook: Mark Zetin, Cara T. Hoepner, Jennifer Kurth: Amazon.de: Kindle-ShopChallenging Depression: The Go-To Guide for Clinicians and Patients (Go-To Guides for Mental Health) [Mark Zetin, Cara T. Hoepner, Jennifer Kurth] on Amazon.com. *FREE* shipping on qualifying offers. Here, both therapist and client will learn the causes of depression, how to recognize and diagnose the different iterations of depression. Even more important, they show patients how to best work with their clinicians and clinicians how to best help their patients. The book is liberally sprinkled with case discussions, which demystify the treatment protocols and show the various ways that clients respond to treatment. In this book, medical professionals have a go-to desk reference for their questions about depression, and consumers have a friendly, accessible introduction to an otherwise intimidating disorder. Challenging Depression: The Go-To Guide for Clinicians and Patients (Go-to Guides) | Mark Zetin, Cara T. Hoepner, Jennifer Kurth | ISBN: 9780393706109 | Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Amazon.