

# Download Concepts Contemporary Oriental Medicine

The American Academy of Acupuncture and Oriental Medicine (AAAOM) is dedicated to integrating the best of traditional and contemporary medicine. Acupuncture and Chinese Medicine school curriculum for our master's degrees includes foundations in traditional Chinese medicine, hands-on acupuncture technique, herbal medicine and supervised clinical practice. Underlying Concepts. When thinking about ancient medical systems such as TCM, it is important to separate questions about traditional theories and concepts of health and wellness from questions about whether specific interventions might be helpful in the context of modern science-based medicine and health promotion practices. Traditional Chinese medicine (TCM) is a style of traditional medicine based on more than 2,500 years of Chinese medical practice that includes various forms of herbal medicine, acupuncture, massage (tui na), exercise (qigong), and dietary therapy, but recently also influenced by modern Western medicine.