

Download Scottish Herbs And Fairy Lore

A fairy (also fata, fay, fey, fae, fair folk; from faery, faerie, "realm of the fays") is a type of mythical being or legendary creature in European folklore (and particularly Celtic, Slavic, German, English, and French folklore), a form of spirit, often described as metaphysical, supernatural, or preternatural. Scottish myths and legends abound in stories of magical seafolk (selkies and mermaids), changeling legends about fairies stealing or possessing the bodies of babies, and tales of shape-shifting witches, ghosts, and family curses. A fairy ring, also known as fairy circle, elf circle, elf ring or pixie ring, is a naturally occurring ring or arc of mushrooms. The rings may grow to over 10 metres (33 ft) in diameter, and they become stable over time as the fungus grows and seeks food underground. Tree Lore: (Sacred Trees) Tree lore is a suspected ancient school of knowledge with roots stretching back into our earliest symbolic imaginations.