

Download Siva Sutras The Supreme Awakening

THE SHIVA SUTRAS In My Understanding V. Susan Ferguson These pages are dedicated to all who long for their Freedom, Moksha, Jivan Mukti! May we find our Way Home. The Yoga Sutras of Patanjali Chapter One -- Samadhi Pada. Samadhi Pada (chapter one) is an overview of the structure of enlightened living (living in a constant state of samadhi). Kundalini (Sanskrit: कुण्डलिनी kuṇḍalinī, pronunciation (help · info), "coiled one"), in Hinduism refers to a form of divine energy (or shakti) said to be located at the base of the spine . It was originally an important concept in Shaiva Tantra, where it was seen as a force or power associated with the divine feminine ...To shed the animal in man and to sublimate the human in him into the divine, to express this sublimation in his daily, hourly, life in thought, word and deed - that is truly divine life.